

What We Can Do: Youth Suicide Prevention

***How substance abuse prevention can lead to suicide prevention**

*** Signs and symptoms: what to look for**

*** Best practices & ways to help**

*** Area agencies will be at the event with info about services**

FREE workshop for parents, staff, students and community!

Monday, March 30th at 6:15 PM

★Refreshments Provided★

In the Shoreline Room @

Shoreline Center (Park in North Parking Lot)

18560 1st Ave NE. Shoreline, WA

Speakers: Julia Keller & Charhys Bailey

Julia is a licensed mental health counselor who works with children and families in Shoreline at the Center for Human Services. She has spent much of her career working with co-occurring disorders -- both mental health and drug alcohol related concerns.

Charhys has served marginalized communities as a youth advocate, community educator and teaching artist, for thirteen years. Additionally, Charhys works with the "School's Out Washington" program in various capacities including coaching, assisting with the *Youth Program Quality Initiative (YPQI)* and training youth practitioners on cultural competency and responsiveness. Currently, Charhys works with Youth Suicide Prevention Program to reduce the rate of suicide attempts and deaths among young people in Washington State through training, coaching, community engagement and advocacy.

For more information, please contact:

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